

STANDARD PACKLIST FOR SAILING TRAVEL: WHAT TO BRING:

- Documents: valid passport or valid identity card
- Copy from your travel insurance and data of your home front.
- Sleeping bag, synthetic is better choice than down.

Clothing: take into account all types of weather. Sometimes it is very warm but it can also be cold and wet.

- Base and warmth: modern fibers dry fast. Cotton shirts and denim trousers keep moist and you cool down too much. Leave at home !! thermos underwear and some fleece layers keep you warm.
Gloves 1xthick, 1xthin, fleece is quick drying.
Ask for advise in an outdoor sports shop.
- Top layer: should protect you against a long-lasting shower, spray or wind. Collar and cuffs must be close-fitting.
Sailing trousers and sailing jacket are preferred
Sturdy rainwear may do as well.
Warm lining once become wet wont dry anymore.
- On board you wear yacht boots or shoes that leave no marks, trekking boots are certainly not suitable for use on deck.
- Hats, caps, sunglasses.
warm slippers
Swimsuit and factor 20 are also useful.
Seasickness tablets, if you need them unexpectedly.
Personal hygiene stuff and towels.
240v charger for your camera etc

AND WHAT NOT TO BRING:

- No suitcases or Softtrollies with hard back, unfortunately we have no storageroom available.
- putt your stuff in a sports bag or an expedition-bag
- Pillows, sheets and pillow cases are waiting for you on board
- You don't have to bring toilet paper, no hair dryer, no aerosols.
- Smoking is not allowed on board.
- Don't leave your mobile phone at home, on your way to the boat a SMS contact can be useful.